

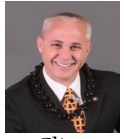
THE COFFEE PRESS



Paul Harris
Founder of
Rotary



John F.
Germ
RI President
2016 - 2017



Clint
Schroeder
District G
overnor
2016 - 2017



Donna
Hiranaka
West
Hawai'i
Assistant
Governor



Dennis
Rast
Club
President
2016 - 2017



More pictures of
the wildly successful
“Pig N Swig” will be
featured next week.

Rotary Club of Kona, Every Thursday at noon, King Kamehameha Kona Beach Hotel
Rotary Club of Kona Mauka, Every Tuesday at noon, Teshima's Restaurant, Honalo
Rotary Club of North Hawaii, Every Wednesday at noon, Anna's Ranch, Waimea
Rotary Club of Hilo, Every Friday at noon, Hilo Hawaiian Hotel
Rotary Club of Hilo Bay, Every Wednesday at 6:45 am, Hilo Yacht Club
Rotary Club of South Hilo. Every Tuesday at noon, Hilo Hawaiian Hotel
Rotary Club of Volcano, Every Thursday 7:30 am, Volcano House, Volcano National Park
Rotary Club of Pahoa Sunset, Every Tuesday at 6:30, Luquin's Restaurant

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THE COFFEE PRESS

Weekly Newsletter of the Rotary Club of Kona Sunrise

Oct 26, 2016

THIS WEEK: David Bowden/Michael Frater

GREETER:
Chuck C

Joining us this week are David Bowden and Michael Frater - two well known athletes!

DOOR PRIZE:
Sylvia

David is the track and field speed enhancement coach at Kealakehe High School in Kailua-Kona and Director of a boot camp at Kahakai Elementary School, Kailua- Kona. He is the

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The Rotary Club of Kona Sunrise meets every Wednesday 7:00 am at Humpy's Restaurant (upstairs above the ABC Store), 75-5815 Alii Drive, Kailua Kona HI. For additional information contact Bev Fraser at 936-9965



SOLD OUT



Rotary
Club of Kona Sunrise

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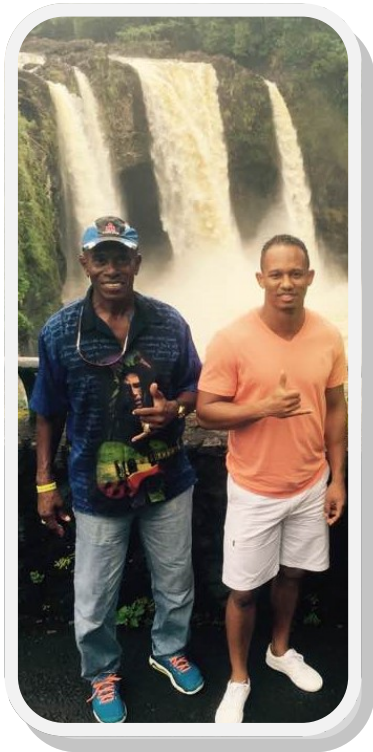
Athletes - continued

(Continued from page 1)

speed enhancement coach at the Royal Kona Tennis Club and is a motivational speaker in the community and throughout the United States. David's mission statement can be summed up as: "he tries to make every kid's life that he touches to become a beautiful story with a happy ending".

Joining David is Michael Frater. Michael was born in Jamaica, and is a two time Gold Medal Winner in the 4 x 100 meter race at the 2008 and 2012 Olympics.

Don't miss this opportunity to meet two outstanding athletes!!



October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 PRLS West Hawai'i Civic Center
2	3	4 Ironman Parade	5 Michael Malaghan Author of "Picture Bride"	6 Sylvia 	7 Ironman →	8 Chuck R 
9	10	11	12 Mayor - Elect Harry Kim	13	14	15
16 KC & Rocco 	17	18	19 Club Assembly to Finalize PIG n SWIG	20	21 Sylvia & Chuck 	22 PIG N SWIG
23	24	25	26 David Bowden/ Michael Frater	27	28	29
30	31 					